



5th FIPS-Mouche World Ladies Fly Fishing Championship
Stor-Elvdal, Rendalen & Engerdal municipalities
Region of Innlandet,
Norway 27th July - 2nd August 2026

RULE MODIFICATIONS

[FIPS-Mouche](#) has appointed Norway to be the host country for the 5th FIPS-Mouche World Ladies Fly Fishing Championship to be held in Stor-Elvdal, Rendalen & Engerdal municipalities, Region of Innlandet, Norway.

These Rule Modifications apply to the [latest published FIPS-Mouche Competition Rules](#) (2025).

Article 2: General Information

2.2. Add Three sessions will be held in river, bank fishing, wading allowed. Two sessions will be held in lake, boat fishing.

Article 9: Bank Fishing Competitions

9.3. Change: The beats will be an average of 200m for Sector I, III and V, with buffer zones of 10 meters.

Reserve sectors; Storsjøen (bank fishing), Galtsjøen (bank fishing) and Lomnessjøen (bank fishing).

9.8. Add: Shuffling of the riverbed or excessive movement while wading is not allowed.

Article 10: Boat fishing competitions

10.4. Change: Boats will be launched 15 minutes before the start of the session.

10.8. Add: Fishing will be from drifting boats. Drogues will be used during drifting. Eye protection (glasses) shall be used, life-vest shall be used. Eye protection and life-vests must always be worn by athletes when they are in the boat. Two athletes on one boat.

The athletes shall bring their own eye protection and life vest.

10.9. Change: Boats are equipped with engines/motors and will be steered by controller at the stern. In that case for safety reasons the athlete sitting near the controller, may only cast from the far side of the controller – this determines a competition area for both athletes. The athlete next to controller must also provide adequate assistance while athlete from bow will be handing his/her fish in the net for measuring, he/she must even pause fishing if technically necessary.

Article 11: Duration of events, scoring and practice sessions

11.2. Change: Each scoring session must comprise at least three (3) hours fishing time in each session.

11.3. Add: The hours for fishing will be in the program of the championship: from 10:00 to 13:00 for all sectors.

11.4. Change: There will not be official practice. The host organisation has provided information to athletes about official competition areas. Athletes can do unofficial practice for each type of fishing on similar waters nearby the competition areas prior to the championship.

All unofficial practice will be fished with barbless hooks.

Article 23: Care of fish caught

23.1. Add: Once a fish is netted, the athlete may not handle it in any way, nor alter the equipment used for capturing the fish before authorization by the controller to unhook the fish.

23.2. Change: After confirmation by the controller that the fish was correctly hooked, the athlete removes the hook.

23.3. Change: After measuring, the athlete releases the fish, the controller must verify the empty net after the return of the fish into the water.

Complete procedure:

- athlete brings fish to bank with the landing net in the water, athlete may not touch the fish,
- controller verifies if the fish has been hooked correctly, if not the fish is returned without measuring,
- athlete unhooks fish in the net and submits the net to the controller,
- controller measures the fish in the net with the measuring gutter (in case multiple fish are caught, the fish may be taken out of net one by one and measured in the gutter above the net),
- controller records fish on score sheet if length and species are correct,
- athlete releases fish to the water,
- athlete confirms correct registering of catch by signing the scorecard,
- controller verifies the landing net is empty.
- athlete may start fishing again.

Article 25: Eligible fish

25.1. Add: Eligible fish species:

Brown Trout (*Salmo Trutta Fario*), Grayling (*Thymallus Thymallus*), Whitefish (*Coregonus Lavaretus*) and Arctic Char (*Salvelinus Alpinus*) with a minimum length of 20cm.

Measuring will be done from the tip of the nose to the extremities of the tail, squeezed together.

Article 29: Competition flies

29.10. Add: Any type of Squirmy worm's, Shaggy fly or simulation of these patterns are not allowed to be used in this competition.

That means all types of squirmy, shaggy fly patterns with type of chenille material (e.g. mosaic-, mop-, shimmy-, sparkle worm-, chewingum-, suede-, squirmy-, wormstasy-, egg's-, mopster chenille or any other type of chenille) or wool tread or similar, shall not be in front of the hook eye or sideways in any direction out of the hook shank and not longer than 5mm behind the hook bend.

Article 31: Prohibitions

31.1.a) Change: The fishing of competition sectors by athletes or their agents during a period of thirty days prior to the official start of the event: no fishing from 27th June to start of championship

Article 33: Awarding of points

33.1. points per fish: 100.

33.2. points per centimeter of the fish's total length: 20.

Annex A Rotation Matrix.

- Sector I ATNA Bank Fishing
- Sector II STORSJØEN Boat Fishing
- Sector III GLOMMA Bank Fishing
- Sector IV GALTSJØEN Boat fishing
- Sector V FEMUNDELVA Bank fishing

Rotation Matrix between Sectors

Group	Session 1	Session 2	Session 3	Session 4	Session 5
	Tuesday 28 th July	Wednesday 29 th July	Thursday 30 th July	Friday 31 st July	Saturday 1 st August
A	I	II	III	IV	V
B	II	III	IV	V	I
C	III	IV	V	I	II
D	IV	V	I	II	III
E	V	I	II	III	IV

Annex B Boat fishing

